

Bone Density Patient Questionnaire

Name (print): _____ Date: _____

- | | | |
|---|-----|----|
| Is there a chance that you are pregnant? | Yes | No |
| Have you had a barium X-ray in the last 2 weeks? | Yes | No |
| Have you had a nuclear medicine scan or injection of an X-ray dye in the last week? | Yes | No |
| Have you had hyperparathyroidism or a high calcium level in your blood? | Yes | No |

If you answered yes to any of the above, speak to our receptionist right away.

1. Your: Age: _____ Sex: Male Female
2. Your ethnicity (check one):
Caucasian (White) Black Aboriginal Asian Hispanic Other
 Your country of birth: _____
3. Have you ever had a bone density test? Yes No
 If YES, when and where? _____
4. Have you had a recent weight change? Yes No
 If YES, tell us about it: _____
5. Your tallest height (late teens or young adult): _____

6. Have you ever broken a bone? Yes No

Bone broken	Simple fall?	If not a simple fall, please describe the circumstances	Age when this occurred

7. How many times have you fallen in the last year? _____
8. Have you ever had surgery of the spine, hips, legs or arms? Yes No
 If YES, describe what type of surgery you had and which side was affected

9. Are you currently receiving or have you previously received prednisone pills (cortisone)?
 Yes, currently _____ Yes, previously _____ No _____
 If YES, for how long? _____ What is your dose? _____mg or _____ pills each day
10. List any chronic medical conditions that you have:

11. Are you currently receiving or have you previously received any of the following medications?

	No	Yes	For how long?
Medication for seizures or epilepsy			
Chemotherapy for cancer			
Medication for prostate cancer			
Medication to prevent organ transplant rejection			

12. Have you been treated with any of the following medications?

Medication	Ever?	Currently?	If current, how long?
Hormone replacement therapy (Estrogen)			
Tamoxifen			
Raloxifene (Evista)			
Testosterone			
Etidronate (Didronel/Didrocal)			
Alendronate (Fosamax)			
Risedronate (Actonel)			
Intravenous pamidronate (Aredia)			
Clodronate (Bonefos, Ostac)			
Calcitonin (Miacalcin nasal spray)			
PTH (Forteo)			
Zoledronic acid (Zometa)			
Sodium fluoride (Fluotic)			

13. How many servings of the following do you eat/drink per day (on average)?

	Milk (full cup)	Orange juice fortified with calcium (full cup)	Yogurt (small container or ½ cup)	Cheese
Number of servings				

14. Do you take any calcium supplements (including TUMS)? Yes No

15. Do you take any vitamin D supplements (including multivitamins and halibut liver oil)? Yes No

16. Do you smoke? Yes No

For women only...

17. Are you still having menstrual periods? Yes No

18. Before menopause, have you ever missed your periods for 6 months or more, besides during pregnancy? Yes No

19. Have you had your menopause?
If yes, at what age? _____ Yes No

20. Have you had a hysterectomy? Yes No
If YES, at what age? _____
Have you had both of your ovaries removed? Yes No
If YES, at what age? _____